

FOR IMMEDIATE RELEASE

SINNER

A one-woman musical tragicomedy
Written & performed by Marla Torgerson

SINNER is a one-woman musical tragicomedy that blends original songs, storytelling, and comedy to examine religious conditioning, patriarchy, and how women are taught to shape themselves around impossible expectations. The show traces the imprint of these systems on the body, the nervous system, and personal identity, moving between humor and deeply embodied reflection.

Audience members have described the experience as “a powerful, raw performance” and “an eye-opening, theatrical therapy session.” Many cite the show’s precision in naming subconscious patterns around approval and validation:

“It was like having a belief mirrored back to me and seeing how absurd my seeking of male validation is—and how it started at a super young age.”

SINNER explores how trauma persists beyond circumstance or geography. One audience response described a moment as “SO haunting and so familiar,” noting how “it is unbelievable how much is imprinted in our nervous system that we carry with us into adulthood—even when we go to another country.”

The performance expands beyond personal narrative to address generational and collective impact:

“Zooming out from your personal experience and looking at the collective.”

“Patriarchal, oppressive systems are painful for our psychology and our BODIES—as women AND men.”

“Patriarchy hurts ALL of us.”

Audiences report leaving the show with a sense of recognition and affirmation:

“Sinner is the type of show my soul didn’t know it needed.”

“I have never felt so seen.”

“It inspired me to not be afraid to be authentic, to speak up and empower the people around me.”

Direct, confronting, and emotionally resonant, SINNER invites audiences to sit with discomfort—and to recognize what these systems have asked them to carry.

About the Artist

Marla Torgerson is a Calgary-based singer-songwriter, comedienne, and writer with a Bachelor’s

degree in Opera. Her work blends virtuosic vocals, incisive comedy, and personal storytelling. SINNER is her most ambitious original theatrical work to date.