

TORONTO
FRINGE
FESTIVAL

The Astros
Access Guide



June 30 - July 12, 2026

Michael Young Theatre, Soulpepper Theatre

This guide uses plain language to provide audiences, particularly neurodiverse audiences, with specific sensory details of programming in advance to help guide your experience.

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Access Measures

Relaxed Performance

Relaxed performances are open to everyone, but the environment has been specifically adapted for those who are neurodivergent and may experience sensory sensitivities, folks with communication or learning disabilities, and people who would benefit from a more relaxed environment.

The 3:45pm performance on July 6th, 2026 will be a relaxed performance.

About *The Astros*

Tensions rise in Dressing Room Four of the Bay Arena, as the Ascension Astros prepare to face off against their rivals, the Carbonear Cardinals, in the final championship game of their high school careers. Following a group of young men with everything to lose, *The Astros* is a cautionary tale of small-town cycles of abuse, Canadian hockey culture, and the violence of masculinity.

TLDR: What happens when a high school hockey instigator punches the sh** out of the rival team's captain at an underage bar fight the night before their final championship game? *The Astros*, that's what.

Run Time

55 minutes with no intermission

Content Warnings and Advisories

Please be advised that *The Astros* includes: mature language, sexist language, homophobic language, abrupt sound and lighting cues, flashing lights, depictions of graphic violence, use of a weapon (knife), implications of sexual assault, depictions of injury, depictions of blood.

Get in Touch

If you have any questions or concerns about this access guide or planning your visit to *The Astros* at the 2026 Toronto Fringe Festival, please reach out.

Contact Name: Brianna Russell

Title/Position: Playwright/Producer

Email: sheepsclathingtheatre@gmail.com

If you want to tell the Fringe about your experience or have feedback that you would like to share, you can call, write, or send an email to the Fringe.

Our address is:

100 Broadview Avenue, Suite 300

Toronto, ON

M4M 3H3

Our email address is:

access@fringetoronto.com

Our phone number is:

416-966-1062

Thank you for coming to the 2026 Toronto Fringe Festival.