

Impetus Movement Dance Company Bio

Impetus Movement Dance Company is a Toronto-based contemporary and contemporary fusion company founded in 2021 by Artistic Director Dawson Lloyd. The company is rooted in the meaning of “impetus”: a force or energy that sparks action and drives something forward. This idea sits at the core of the company’s identity, fueling a creative process that is grounded in momentum, intention, and an ongoing pursuit of artistic evolution.

Driven by the concept of never-ending energy and movement, Impetus explores how physical expression can communicate what words often cannot. The company is committed to creating work that is both viscerally physical and emotionally resonant, using the body as a tool to uncover vulnerability, tension, and connection. At its core, Impetus Movement Dance Company believes in the transformative power of movement—the ability to reveal inner truths, shift perspectives, and foster genuine connection between performers and audiences. Its works often examine themes of identity, vulnerability, and the complexity of human relationships, inviting audiences into a space where emotion and physicality intersect.

Since its founding, Impetus has presented work across Toronto and Ontario, including appearances at festivals such as Fall for Dance North and Dance Ontario DanceWeekend, among others. In spring 2024, the company premiered its first full-length production, *Hope*, a milestone that marked its emergence as a producing company. Building on that momentum, Impetus premiered its second full-length work, *Human, After All*, in spring 2026, further establishing its voice.

In addition to stage productions, Impetus has developed a growing body of dance film work, expanding its creative reach into screen-based storytelling. These films have been featured in festivals across Ontario, reflecting the company’s continued interest in exploring how movement translates across mediums.

Through both live performance and film, Impetus Movement Dance Company continues to push forward—driven by its namesake—creating work that is honest, dynamic, and deeply connected to the human experience.