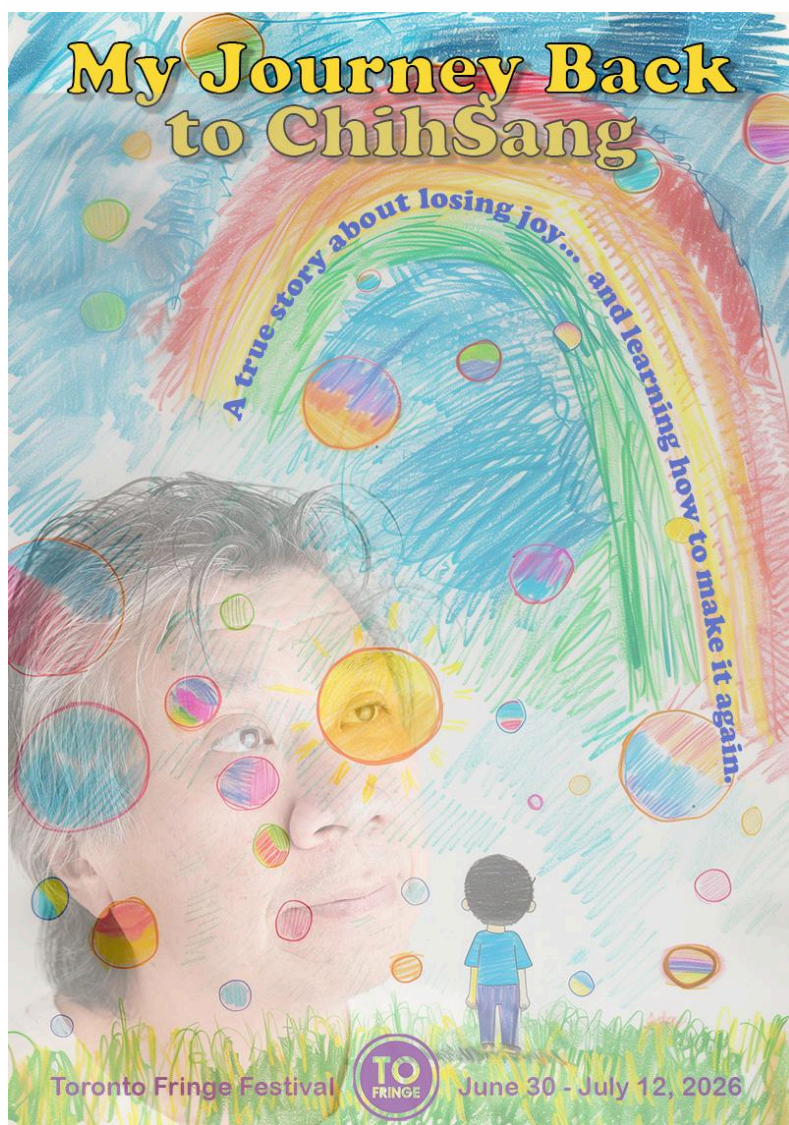


TORONTO
FRINGE
FESTIVAL

My Journey Back to ChihSang
Access Guide



June 30 - July 12, 2026

Soul Pepper Theatre's RBC Finance Studio

This guide uses plain language to provide audiences, particularly neurodiverse audiences, with specific sensory details of programming in advance to help guide your experience.

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Access Measures

Relaxed Performance

Relaxed performances are open to everyone, but the environment has been specifically adapted for those who are neurodivergent and may experience sensory sensitivities, folks with communication or learning disabilities, and people who would benefit from a more relaxed environment.

The 1:00PM performance on July 8th will be a relaxed performance.

About My Journey Back to ChihSang

A man, a lifetime of migrations, and a stage filled with floating bubbles.

In this intimate, funny, and visually playful solo show, ChihSang traces a journey from the Caribbean to North America, navigating identity, expectation, and burnout.

Using real bubbles as living metaphors, he blends storytelling, humour, and gentle physical comedy to explore what happens when you lose --- and slowly rediscover --- your sense of joy.

Warm, self-aware, and quietly hopeful, this Fringe piece invites audiences to laugh, reflect, and reconnect with something they may have left behind.

Just come watch what rises.

Run Time

60 minutes with no intermission

Content Warnings and Advisories

This performance includes themes of racism, burnout, and mental health struggles, shared with warmth, humour, and care.

This show also includes live bubble artistry — bubbles may drift into the audience and gently touch you.

Get in Touch

If you have any questions or concerns about this access guide or planning your visit to My Journey Back to ChihSang at the 2026 Toronto Fringe Festival, please reach out.

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If you want to tell the Fringe about your experience or have feedback that you would like to share, you can call, write, or send an email to the Fringe.

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Toronto, ON

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Our email address is:

access@fringetoronto.com

Our phone number is:

416-966-1062

Thank you for coming to the 2026 Toronto Fringe Festival.