Poor life choices- Synopsis

If I were to describe my show other than 'stand-up comedy', it is a therapeutic experience.

I may only be in my early twenties, but I have certainly made many stupid decisions in my life. These stupid stories range from how I ended up on a BBC game show, to my very awkward first date.

The main question people ask me when I tell them of these stupid decisions is "am I proud of them?" and I say yes, yes I am. These stupid decisions make me who I am and they help me learn from my mistakes. These stupid decisions have made me a better person today and I will always be grateful for every silly mistake I make.

This is what the show is about, it is not only me talking about the stupid stories in my life, but it also gives the audience the freedom to be proud of the stupid mistakes they have made and to open up during the show. During a part of the show, I will get audience members to put in a box written 'silly mistakes' that they have made in their life and I will read them out. I want people to be open and proud of their 'poor life choices' as I am and be proud of what they have done (even if it was hilariously bad).

So, let's go back to 'therapeutic experience' with the fact that if you are open and proud to talk about these silly stories, you will feel much better from it afterwards.

So plain and simple, we all make poor life choices, we all need to be proud of them and we need to be more open of these decisions. I hope my stand-up show can help you be as open as I am.