

Neuro-DIVE! Access Guide



June 30 - July 12, 2026

Young People's Theatre Studio

This guide uses plain language to provide audiences, particularly neurodiverse audiences, with specific sensory details of programming in advance to help guide your experience.

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Access Measures: Relaxed Performance

Relaxed performances are open to everyone, but the environment has been specifically adapted for those who are neurodivergent and may experience sensory sensitivities, folks with communication or learning disabilities, and people who would benefit from a more relaxed environment.

Every performance of Neuro-DIVE! will be a relaxed performance in the KidsFest at the Toronto Fringe Festival.

Audience members are welcome and encouraged to move around, make noise, exit and re-enter the theatre throughout the performance. House lights will be slightly lit to allow for audience members to do this safely. There is one sound cue that is a mild volume alarm sound in the first 15 minutes of the performance. There will be a practice sound cue before the start of the show so audience members know what to expect. A red light will accompany this sound and will also be in the practice before the start of the show. All other sounds and lights will fade in and out and at a mild volume. Most will be background music, dance music or transitional music. Lights will at times change colour for each part of the brain, but this will be a fade and a mild change each time. Although there is audience participation, it is volunteer only.

About Neuro-DIVE!

Jump aboard this fantastical adventure inside a neurodiverse brain! An interactive performance for children and families, “Neuro-DIVE!” blends clown, storytelling and shadow puppetry to explore the inner workings of a brain that doesn’t quite follow the “rule book”. The charmingly chaotic “Dina the Dopamine Receptor” tours us through the Frontal Lobe as she struggles with an overflowing mailroom, buzzing skeleton control panel and out of control “feelies”. When Dina unknowingly sets off an alarm, she and the audience need to work together as they set off in a quest to find the elusive “Reset Button”. Think Alice in Wonderland meets Inside Out! From the creator of “The ADHD Project” (2019)

Run Time

50 minutes with no intermission

Content Warnings and Advisories

Not Applicable.

Cast and Characters

CARLYN RHAMEY plays the role of DINA THE DOPAMINE RECEPTOR



Set

The screen may be in a circle shape for the KIDSFEST performances. The same height as seen on the picture (6ft) but slightly wider and in a circle shape (a balloon arch frame). There may also be a room divider used as well for the performer to go behind. The coloured lights at the front will not be used in the performance.



Costumes

Dina's costume is a light blue morph suit with a hood and striped short overalls. Costumes that may be available for audience members at specific parts of the show include funny hats, tutus and scarves.



Get in Touch

If you have any questions or concerns about this access guide or planning your visit to Neuro-DIVE! at the 2026 Toronto Fringe Festival, please reach out.

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If you want to tell the Fringe about your experience or have feedback that you would like to share, you can call, write, or send an email to the Fringe.

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access@fringetoronto.com

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Thank you for coming to the 2026 Toronto Fringe Festival.