



An Intimate Journey Through Sleeplessness and Self-Reckoning Comes to the 2026 Toronto Fringe Festival



outside these walls, everyone is sleeping is a devised movement piece arriving at Soulpepper's Weyni Mengesha Theatre this July as part of the 2026 Toronto Fringe Festival. Enter into the mind and space of Dreamer, a young woman suffering from insomnia. Over the course of several sleepless nights, her waking state becomes a surreal landscape, ebbing and flowing with the pull of the Moon. As memory and self-reckoning collide, sleep no longer feels like respite.

Brave City Productions' debut work is a devised movement piece developed entirely in the spring of 2026 by a company of emerging Toronto artists. The piece was built collaboratively from the ground up, blending physical theatre, original projection design, and an atmospheric original score to create a visually vulnerable theatrical experience. Produced and Directed by **Kaiya Saravanja-Thomson**, the work draws on the lunar cycle as both a structural and emotional framework, using the phases of the moon to map a woman's surreal journey through grief, codependency, and the slow process of putting herself back together.

The cast features **Victoria Matchett** as Dreamer, **Nora Jane Montana** as the Moon, and **Gaia Micciancio** as Shadow, each of whom is also a co-creator of the work along with Production Manager **Lara Sampaio** and Stage Manager **Stefanie Proulx**. The production features projection design by **Estelle Handy** with Graphic Design support by **Mae Lai**, an original score by composer **Olivia Korosak**, and lighting design by **Jake Jenkins**, at the Technical Direction of **Finn Browne**. The creative team is rounded out by dramaturg **Julia Usher** and mental health consultant **Kevin Zhang**, whose involvement reflects the production's commitment to approaching its subject matter with care and intentionality.

outside these walls, everyone is sleeping speaks directly to the cultural conversation around disconnection and the loneliness epidemic shaping life in Toronto and beyond. In a city that has never felt more isolated, the show asks what happens when we lose the person we relied on to make sense of ourselves, and whether we can find our way back without them. It is a 75-minute experience that resists easy resolution, suggesting that healing unfolds in cycles rather than conclusions.

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Brave City Productions

presented as part of the 2026 Toronto Fringe Festival

Show Dates and Times: Tue 30th June - 7:15pm; Fri 3rd July - 12:30pm; Sun 5th July - 4:00pm; Tue 7th July - 9:30pm; Thu 9th July - 5:00pm; Fri 10th July - 12:15pm; Sat 11th July - 8:00pm.

Soulpepper Theatre's Weyni Mengesha Theatre

More information and tickets available as of June 3, 2026

Online at www.BraveCity.ca

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