

Alex Wood is a stand-up comedian and recovering alcoholic/addict. When his substance abuse caused major health problems he finally decided to quit. Death in his family, relapses, evictions and a bunch more relapses littered his journey to sobriety. This show chronicles the worst 2 years of his life and the pain that was turned into the best year of his life.

Directed by Canadian Comedy Award nominee, Phil Luzi, "Alex Wood Quits Everything" is a brutally honest, hilarious, sad and inspiring tale of redemption.