



Company Bio

Comedy troupe, We are Sports!, united in the spring of 2018 through the Second City Sketch Comedy Conservatory program. Throughout their education together, the group performed improv and sketch comedy around Toronto at comedy bars and theatres such as The John Candy Box Theatre, Comedy Bar, the Social Capital Theatre and even performed their graduation show on the Second City Mainstage! It is through the Second City Conservatory that We are Sports! met the creative team of *Carpe into my DMS*, Alastair Forbes and Dave McIntosh. Initially their teachers and now their directors, the creative team has worked hard to create material that they feel is important to share but also tickles their funny bones!

Alastair Forbes is a Second City Mainstage Alumni, multiple Dora, Canadian Screen Award and Canadian Comedy award nominee and has written and directed for numerous TV shows for Disney, CityTV, YTV and AML. His sketch troupe, the Lusty Mannequins, recently won the Best of the Fest award at Toronto Sketch Comedy Festival and they've traveled to teach and perform in South Africa, Copenhagen, Athens, London and more. They will also be performing this summer at the Edinburgh Fringe Festival!

Dave McIntosh is a multi-instrumentalist, songwriter, producer, music teacher, music director, and is Music Therapist accredited. David prides himself on maintaining a diverse range of projects. David often performs around the city with his music groups *Kashew Butter*, *OiO*, and *Pengeah*.