

He-r'tz is a visceral work of physical theatre that explores the harrowing collapse of human needs within the collective consciousness of "Jo," a displaced person forced to flee her motherland.

The piece begins with an ascent: Jo is initially driven by an eager, expansive search for self-actualization, her movement filled with hope and potential as she chooses to leave. However, the subsequent decade of "shore-to-shore" residency transforms her journey into a brutal, inverted deconstruction of her humanity.

Using a dynamic ensemble to portray the multiple, conflicting facets of her mind, He-r'tz physically manifests the sequential stripping of Jo's needs. We witness the erosion of her aspiration for self-actualization as it is crushed by the immediate, base demands for survival. Next, her very identity fractures; the physical ensemble breaks apart, mirroring her internal confusion as love and belonging are stripped away by the agonizing question: Who is she? Finally, the very ground of safety is yanked away as the "home" she carries within herself is no longer "home," the foundation of security and safety crumbling under the weight of relentless political shifts. He-r'tz is a powerful testament to resilience and a stark illustration of human needs in freefall.

