

"Congratulations!" is a story of achievement, embarrassment, and self-worth told through the milestones of comedian and multiple limb amputee Courtney Gilmour. From childhood to present day Courtney explores the common thread between her wins and losses, reveals the lows of insecurity and depression while at the height of success, and shares her bumpy journey towards finding self-love. As she navigates emotional meltdowns in McDonald's to a mortifying encounter after buying a cat stroller, Courtney uses a variety of humorous and heartfelt experiences to share what "congratulations!" accolades really mean to her.

