After the sudden death of her grandfather, Alex brings her mother, Cheryl, from the family farm to live with her in Toronto. Both women struggle with the new dynamic of their relationship, and Alex finds juggling work, her new relationship with her co-worker Mike, and her mother too much to handle.

Nerves is a story of mother/daughter relationships, love, family, and dignity— and a reminder that if a woman with a cane says she doesn't want your help climbing the streetcar steps, she doesn't want your help. Based on the playwright's personal experiences of growing up in rural Ontario raised by a single mother with multiple sclerosis before moving to a city and having her own brush with chronic illness.