

SYNOPSIS

Welcome.

Doctor Sheldon Wagner introduces himself, and his mission and purpose; to provide humanity with an understanding of the human condition that will empower us to manage ourselves, our relationships and our planet in a healthy way.

He refers to various types of suffering, unhappy moods, difficulties in getting along with others, as William Shakespeare has Hamlet refer to as “the slings and arrows of outrageous fortune”, “the heart-ache and the thousand natural shocks that flesh is heir to”.

He introduces the idea of “a secret formula”, a new paradigm or perspective that could assist us in recognizing the source of our distress. Buddy, can you paradigm?

He distinguishes the current model we have learned (inherited) to understand what it is to be a human being and reveals how this model confuses us and results in a misunderstanding of the source and nature of our difficulties.

He then reveals a perspective of human nature that opens our eyes to the “root causes” of our difficulties, that gives us the opportunity to understand the nature of our problems and creates the possibility of discovering how to manage ourselves in a healthier, happier manner.

We leave the performance with a transformed understanding of ourselves and others.