

ULTERIOR DESIGN

Invites you to attend, watch and hear

THE ANIMAL THAT TALKS

DOCTOR SHELDON WAGNER'S *SECRET FORMULA* FOR UNDERSTANDING

THE HUMAN CONDITION (from which we all suffer)

A paradigm shift in the understanding of human nature sheds light on the root source of many of the difficulties we face, such as keeping ourselves in a good mood, getting along with others, raising emotionally healthy children and dealing with war and environmental degradation.

Sheldon Wagner, born at 100 Yorkville Ave. in Toronto at the original Mount Sinai Hospital, now occupied by Chanel, began as a curious and playful child, to wonder “what’s going on here” and how to make the most of life. He appeared in plays at summer camp and high school, (e.g., Sir Toby Belch in Twelfth Night, Teddy in Arsenic and Old Lace). Rather than pursue a career in theatre, curiosity and insecurity (from this you can make a living?) got the best of him and after finding a book on psychology in the children’s section of the Wychwood Library that synchronistically opened at an article on Psychodrama, he decided to go to Medical School, planning to become a psychiatrist. While a student at University of Toronto in the 1960’s he participated in Daffydil, The UC Follies, and appeared in the play “Six Characters in Search of an Author” by Luigi Pirandello at Hart House Theatre directed by ROBERT GILL!!! After graduating with an MD and with additional training and apprenticeship in Psychiatry, he practiced psychotherapy for more than 50 years. In addition, he had the opportunity to work with thousands of persons to assist them in dealing with their difficulties. He continued to study and explore various psychologies, psychotechnologies, psychotherapies, philosophies, spiritualities, human developmentalities and was fortunate to find and learn from great teachers. When he retired from practice as a physician, he planned to complete his book (his magnum opus, a work in progress) and open a school, The Academy of Emotion. The arrival of Covid interrupted his plans. Fortunately, in 2020 he won a spot in the Fringe Festival and after a delay of two years he is finally able to launch the show that he hopes may transform the lives of his audience.

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In association with **The Toronto Fringe Festival** presents: **The Animal That Talks**

Created and performed by Sheldon Wagner MD

Runs July 6-17, 2022

Robert Gill Theater

214 College Street side entrance on St. George Street

Tickets will go on sale June 22 and can be purchased online at fringetoronto.com or by calling the box office at 416 966-1062. Tickets can also be purchased during the festival at each venue.

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