

The Bike Trip

Created & Performed by Martin Dockery

Running time: 60min

www.MartinDockery.com / martindockery@gmail.com

In 1943, at the height of WWII, a pharmacologist in Switzerland accidentally invented and ingested the world's most powerful psychotropic substance: LSD. Then he tried to ride his bike home. 65 years later, in a bid to get to the heart of the psychedelic experience, one man attempts to recreate that fateful bike trip – a hilarious and heartbreaking journey that explodes deep into our collective soul.

REVIEW EXCERPTS

"A sheer and hilarious delight... Dockery's delivery is flawless, his connection with his audience superb, his brain way more fun than any acid trip." –The Ottawa Citizen, Ottawa, ON

"Martin Dockery is possibly the most mesmerizing storyteller I have ever seen or am likely to ever see... I've never known an hour to fly by so quickly and for a smile to be etched so deeply on my face." –Barefoot Review, Adelaide, Australia

"A tremendously funny show with heart; Dockery is a one-man storytelling machine!" –The Clothesline, Adelaide, Australia

"**** [4 STARS] Heart strings are strung, levels of consciousness are transcended, and Dockery's web of intimate experiences are all tied together, in one beautiful chemically strained bow." –Edmonton Sun, AB

"**** [4 STARS] It's like drunk history, but wilder." –Vue Weekly, Edmonton, AB

"Dockery's masterful storytelling has you laughing hysterically at everything and nothing, before touching to the quick of the human experience." –Apt 613, Ottawa, ON

"Dockery is simply one of the most engrossing storytellers I've ever seen and I'm already sold on any shows he brings within reach of me in the future." –Production Ottawa, Ottawa, ON

"Illuminating and hilarious." –Edmonton Journal, AB

"Dockery kicked in from the get go and all was right with the world." –Ottawa Tonight, Ottawa, ON

"Incredibly engaging... Clearly a master storyteller." –New Ottawa Critics, Ottawa, ON

"This is a most unique storyteller, the likes of whom I have never seen in my whole life." –Capital Critics Circle, Ottawa, ON

"Dockery brings a charged, hypnotic, hugely athletic presence to the stage... A textured, poignant and very funny experience." –The Fresno Bee, Fresno, CA

"The Bike Trip is so eccentrically energetic - and Dockery's material so funny and surprising - that I was riveted." –The Georgia Straight (paper), Vancouver, BC

"The Bike Trip is wonderfully spontaneous and absolutely irresistible." –Ubysey (University of BC, largest student newspaper in Western Canada), Vancouver, BC

"A polished act... Dockery knows how to make his tongue-twisting punchlines hit." –The Province (paper), Vancouver, BC

"Excellent storytelling... mind-altering fun... A definite experience to see." –Plank Magazine, Vancouver, BC

"A masterful storyteller... He carried his standing ovation." –The Post & Courier, Charleston, SC

"The Bike Trip is funny, moving, & remarkably uplifting." –Charleston City Paper

"***** [5 stars] A one-man storytelling extravaganza.... The Brooklyn monologist mesmerizes." –Winnipeg Free Press, MB

"**** [4 stars] Exceptional storytelling... Engaging, well-crafted piece of art... One heck of a trip." –The CBC (Canadian Broadcasting Corp)

"A+ [5 stars] Masterful, mesmerizing, and hugely entertaining." –Uptown Magazine, Winnipeg, MB

"Not to be missed. Quirky, energetic, remarkably beautiful." –High Times Magazine

"Leaves the audience wowed." –The London Beat, London, ON

"If you loved Wanderlust you'll love The Bike Trip." –The Daily City, Orlando, FL

"Draws you in and keeps you engaged, seemingly forever... He is larger than life." –Great Scott Media, Adelaide, Australia

"A thrilling exploration of community and self." –Elizabeth Maupin on Theater

"Vivid and deliciously funny... His comic take on being human will speak to everyone." –The Orlando Sentinel, FL

"He is able to capture your attention and maintain it every single second." –AllVoices.com, New York, NY

"Martin is likeable on an almost preternatural level." –Caviglia's Cabinet of Curiosities, NY

"Dockery's gifts as a storyteller border on the supernatural. Go see The Bike Trip. Oh, go see The Bike Trip." –nytheatre.com, NY

"Dockery is a great performer and it's hard to take your eyes off him." –TheatreIsEasy.com, NY

"His dramatic presence crackles with energy." –Cultural Capitol, NY

"We get to sit back and absorb his brilliance, laughing and gleaning bits of wisdom... Dockery's intelligence, wit, and kind-heartedness make his storytelling compelling and surprisingly touching." –ReadCharlie.com, Charleston

DISTINCTIONS FOR SHOWS BY MARTIN DOCKERY

2016 Best Script –Orlando Fringe Festival, Inescapable
2016 Weekly Award - Best Theatre –Adelaide Fringe Festival, Moonlight After Midnight
2016 Best Theatre of Adelaide Fringe –The Advertiser newspaper, Moonlight After Midnight
2015 Critics Pick Best Show runner-up –Vancouver Fringe Festival, The Exclusion Zone
2015 Critics Pick Best Show –Cincinnati Fringe Festival, Moonlight After Midnight
2015 Critics Pick Best Show –Orlando Fringe Festival, Moonlight After Midnight
2015 Patron’s Pick –Orlando Fringe Festival, The Exclusion Zone
2014 Critics Pick Best Show runner-up –Vancouver Fringe Festival, Moonlight After Midnight
2014 Patrons’ Pick –Winnipeg Fringe Festival, The Surprise
2014 Best of Fest –Ottawa Fringe Festival, The Surprise
2014 Best Original Work –Ottawa Fringe Festival, Moonlight After Midnight
2014 Critics’ Choice Honorable Mention –Ottawa Fringe Festival, Moonlight After Midnight
2014 Critic’s Choice Best Show –Orlando Fringe Festival, The Surprise
2013 Patron’s Pick –Winnipeg Fringe Festival, The Dark Fantastic
2013 Patron’s Pick –Winnipeg Fringe Festival, The Pit
2012 Best of Fest –Ottawa Fringe Festival, Wanderlust
2011 Hold-Over –Edmonton Fringe Festival, The Surprise
2011 CBC Award for Best Drama –Winnipeg Fringe Festival, Bursting Into Flames
2011 Adelaide Critics Circle Award –Adelaide Fringe Festival, Wanderlust
2010 Pick of the Fringe –Vancouver Fringe Festival, Wanderlust
2010 Hold-Over –Edmonton Fringe Festival, Wanderlust
2010 Entire run sold-out –Edmonton Fringe Festival, Wanderlust
2010 Entire run sold-out –Victoria Fringe Festival, Wanderlust
2010 Multiple Sell Outs Award –Rogue Festival, Wanderlust
2010 Best in Fest –Winnipeg Free Press, Winnipeg Fringe Festival, The Bike Trip
2010 Best in Fest –Orlando Sentinel, Orlando Fringe Festival, The Bike Trip
2010 Best Storytelling –Beat Magazine at The London Fringe, The Bike Trip
2010 Hold-Over (“Hangover”) –New York FRIGID Fest, The Bike Trip
2009 Best Solo Performance –San Francisco Fringe Festival, The Surprise
2009 Outstanding Solo Performer –Nominee NY Innovative Theater Awards, The Surprise
2009 Outstanding Short Play –Nominee New York Innovative Theater Awards, The Surprise
2009 Best of Fest –Winnipeg Fringe Festival, Wanderlust
2009 Best Original Work –London Fringe Festival, Wanderlust
2009 Impresario Award –London Fringe Festival, Wanderlust
2009 Sold Out Award –Orlando Fringe Festival, Wanderlust
2009 Best in Venue –Orlando Fringe Festival, Wanderlust
2009 Audience Choice Award –New York FRIGID Fest, The Surprise
2009 soloNOVA Breakthrough Performer of the Year –NY soloNOVA Festival, The Surprise

Links to the original articles can be found at www.MartinDockery.com

TRIPPING DOWN THE RABBIT HOLE

Reviewed by Patrick Langston, June 21, 2013

“Where does he get his energy?” wondered one audience member after Martin Dockery’s whiz-bang solo show based loosely on the invention of LSD some seven decades ago. Too which might be added, “Where does he get the thought processes that lead him and us down a rabbit hole of brilliant storytelling-cum-stand-up-comedy that finds him segueing from a recounting of an acid trip in a Haight Ashbury restaurant to the imagined psychedelic experience of Albert Hofmann, the Swiss inventor of LSD, to the memory of his (Dockery’s) first high school dance to a much later backpacking trip to India, complete with a vision of water buffalo at dawn, and finally to an emotional journey every bit as revelatory as a drug-induced one?” Wherever he gets those thought processes, they’re a sheer and hilarious delight to witness, especially since we recognize our own mental leapfrogging, albeit exaggerated, in them. Dockery’s delivery is flawless, his connection with his audience superb, his brain way more fun than any acid trip. A word of warning: Friday’s show in the small Courtroom was sold out; get your ticket ahead of show time.

<http://www.ottawacitizen.com/Fringe+Festival+Reviews+Many+Questions+Catastrophe+Mason+Tripping+Down+Rabbit+Hole/8562744/story.html#ixzz2XkJMxZ0>



www.ap613.05

Review by Erin Murray, June 21, 2013

Dockery’s masterful storytelling has you laughing hysterically at everything and nothing, before suddenly touching to the quick of the human experience, so that you are no longer sure if you are happy or sad, or some strange new hybrid of the two. The quick emotional shifts in the play command the attention of the audience, and keep you fascinated. Even as Dockery’s monologue begins to sound a bit like the ramblings of a madman, you are drawn in to madness right along with him.

Enter *The Bike Trip* with an open mind, and you will experience a wonderful journey which will leave you feeling joyful, haunted, and mesmerized.

<http://apt613.ca/the-bike-trip/>



Barefoot Review - Adelaide, Australia

Presented by Martin Dockery. Tuxedo Cat. 25 Feb 2016.

Martin Dockery is possibly the most mesmerising story teller that I have ever seen or am likely to ever see. From the moment he first assumes the stage and flashes his piercing eyes in your direction you are hostage to his wit, comedic flair and magnetic personality. Above all, you are spellbound by his consummate writing – a model lesson in the use of adverbs and adjectives – and by his exquisite and athletic body language where he uses every muscle and sinew to proclaim a message and embroider every word.



He is singular. He is an artist and his paint is a lavish palate of words.

The Bike Trip is Dockery's re-telling of a story by Albert Hoffman, who was the accidental discoverer of LSD. On the day Hoffman 'invented' LSD he first tested it on laboratory rats and observed they became more energetic but appeared to suffer no ill-effect. He then tested it on himself and took what he thought was a small amount which turned out to be a HUGE dose; his bike ride home that afternoon was more exciting than usual to say the least! Hoffman wrote an account of his journey home and Dockery has used it as the basis of his one man show in which he also describes his own experiences on psychotropic drugs.

Through the telling of the story you really want to believe Dockery's idea that mind altering drugs can have the impact of reawakening in us all the yearning to connect with each other 'minus the bullshit'.

I have never known an hour to pass so quickly and for a smile to be etched so deeply on my face.

The Bike Trip is a must see show.

Kym Clayton

<http://www.thebarefootreview.com.au/menu/theatre/119-2014-adelaide-reviews/1323-the-bike-trip.html>



The Bike Trip 4/5 ★★★★★

Trent Wilkie – Wednesday, August 19, 2015

The Bike Trip is a trip. A hell of a one.

Brooklyn's Martin Dockery not only travels the continents in his one-man show, but also the waves of psychedelia.

In taking the audience from San Francisco to Switzerland to the States and back to Switzerland Dockery creates a show that is one part free-thought verse, another geographical narrative. All the while, gloriously high on LSD (in the stories, not on stage).

Never been on acid? No worries, Dockery does a pretty good first hand representation of how the wild ride from the 40's because the iconic trope of freedom to the 60's and beyond.

His tale, one of exploration and self actualization and trans-dimensional meditation, is not too out there for the layman, and just out there enough for the seasoned chemical fiend.

From his parents divorce, to his personal isolation, to his relationship difficulties, Dockery weaves a tale that holds hands with history in hopes of making a trip to Switzerland to relive the un-epic bike ride of LSD inventor, Swiss pharmacist Albert Hofmann.

As in the tale, the bike trip is more about Dockery than the actual trip itself. It is a vessel for self exploration as his life and times are sprayed on stage in a loving and honest way. Dockery attempts, and succeeds on many occasions, to connect with the audience without promoting or denigrating the use of acid as a recreational pharmaceutical. It is not so much about the drug, but the perspective he gains from his situations on it both physically and spiritually.

At the end of the trip, heart strings are strung, levels of consciousness are transcended, and Dockery's web of intimate experiences are all tied together, in one beautiful chemically strained bow.

<http://www.edmontonsun.com/2015/08/19/review-fringe-2015-the-bike-trip-45>



The CBC

(Canadian Broadcasating Corp)



Review – Winnipeg, MB – July 16, 2010

The Bike Trip isn't so much about bicycles (just a head's up, cycling enthusiasts), as it is a narrative of searching for meaning drenched in backpacking and hallucinogens. It's about taking down your personal walls and connecting with other people. More so, it's about connecting with yourself.

Dockery's clear and swift delivery proves that his many awards are well earned. His physical presence is captivating, taking him all over the stage and painting a flurry of settings, people and magical moments in his journey.

I recommend this engaging, well-crafted piece of art and Dockery's own powers of taking you on one heck of a trip.

http://www.cbc.ca/manitoba/features/fringefestival/reviews_title.html



The Bike Trip with Martin Dockery - Alvina Ruprecht -24 Jun, 2013

After his *Wanderlust* show that took us into the desert at the Fringe a couple of years ago, Dockery, the shamanic story teller is back. The man who transforms his whole body into a story telling instrument, to produce a delirium of vocal sounds, movement and bodily language, takes us on a long and exciting adventure, full of surprises, twists of language, unexpected humour and lightning references to the encyclopedia rumbling around in his head. All this to bring us into touch with his inner world and help us understand his own vision of the history of LSD. This is a most unique story teller, the likes of whom I have never seen in my whole life and I have seen magical story tellers throughout the Caribbean, the Pacific, the Indian Ocean and Latin America. This man psyches himself up, gets physically inside his subject matter and explodes with a volcanic energy that makes us hear and feel exactly what he is describing. Do not miss this adventure that is much much more than what it appears.

<http://capitalcriticscircle.com/ottawa-fringe-2013-the-bike-trip-with-martin-dockery/>

CHARLIE

CELEBRATING PROGRESSIVE CULTURE IN CHARLESTON

THE BIKE TRIP – June, 2011 –*Dee Dee Arthur*

One thing most hippies and world travelers love to do is regale others with stories of their wildest trips. In Martin Dockery's one man Piccolo Spoleto show at Theater 99, *The Bike Trip*, the acid-laced tales



of his adventures manage to both thoroughly entertain and enlighten us. Dockery's personal reflections are shared intimately with the audience in a style that combines expressive vocal intonations with some solid pantomime that helps us visualize the action. We get to sit back and absorb his brilliance, laughing and gleaning bits of wisdom in exchange for being a good listener. In the vein of Spalding Gray and David

Sedaris (but with a psychedelic twist), Dockery's intelligence, wit, and kind-heartedness make his storytelling compelling and surprisingly touching. Our arty barometer says: You don't need a stick of dosed Big Red gum to love this performance.

<http://readcharlie.com/2011/05/31/charlies-running-spoletto-diary/#.VInPwIduqc->

The Fresno Bee

Central California's Leading Newspaper

ROGUE REVIEW: 'The Bike Trip' – March 2, 2013, by Donald Munro



How often is there truly a first time for a mind-altering experience? Martin Dockery takes this intriguing theme to psychedelic heights with his finely crafted one-man show “The Bike Trip,” which sandwiches a recreation of history’s very first LSD experience in between vignettes of his own adventures in altered brain chemistry. Just call it “Acid You Like It.”

The Brooklyn-based Dockery, a favorite in past Rogue Festivals, brings a charged, hypnotic, hugely athletic presence to the stage. Dressed in jeans and white T-shirt, his persona is an intriguing blend of rough and polished. At times you feel as if his raspy voice, which he unleashes in ragged bursts, might go out on him completely as he works himself into an emotional froth. At other times, he settles into a smooth, mesmerizing cadence, drawing the audience into the comfortable fold of a master storyteller.

But a punchy performance isn’t always enough in a fringe-festival world dominated by one-person shows with personal themes. (Rogue readers over the years know I set a pretty high standard for such outings.) The real strength in Dockery’s latest show is his fascinating theme. I’m not sure how many in the audience have actually experienced LSD — from the happy outbursts and assenting murmurs, I’d wager there are a more than a few Rogue-goers who have taken trips higher than 35,000 feet — but even for those of us living vicariously through theater, it’s fascinating to follow Dockery’s trip to Basil, Switzerland, to retrace the steps of scientist Albert Hofmann.

On the day Hofmann tried LSD, he tried to ride his bicycle home from work. Dockery made a similar pilgrimage himself. Throughout, the idea of the first time is a constant. History in the making, you’d say. It was clever of Dockery to broaden the scope of the show rather than just concentrate on his own experiences. By doing so, the insights he offers become that much more accessible.

The result: a textured, poignant and very funny experience. I highly recommend booking this trip.

<http://fresnobeehive.com/archives/17203>

Winnipeg Free Press



Review – *Winnipeg, MB* – July 7, 2010



Martin Dockery's one-man storytelling extravaganza, *The Bike Trip*, is all hands and voice. His rubbery fingers fling about the stage, shaping this word, emphasizing that one. Meanwhile, he talks and talks, faster and faster, until suddenly the stream of consciousness stops, then heads off in a new direction.

Last year, Dockery's *Wanderlust* was all about the awards — Winnipeg's best of fest, Orlando's best in venue, New York's audience choice — so expectations are high this year. But the Brooklyn monologist mesmerizes in this re-creation of the world's first ever acid trip by Dr. Albert Hofmann, the chemist who discovered LSD, and his bike ride home from his Swiss laboratory.

<http://www.winnipegfreepress.com/special/fringe/reviews/The-Bike-Trip-97963439.html>

The Beat Magazine

Review – *London, ON*

*** 1/2 / 4

My favourite performer from last year's London Fringe is back with an epiphany of self discovery that leaves the audience wowed. Dockery is the most exuberant storyteller of the Fringe.

http://www.beatmagazine.ca/index.php?option=com_content&view=article&id=634:london-fringe-festival-mark-killeen-reviews-day-10&catid=36:article&Itemid=53

UPTOWN

A+

The Bike Trip – Uptown Magazine, Winnipeg, MB – July 8, 2010

Brooklyn's Martin Dockery synthesizes the psychedelic experience as he takes his audience on a journey from San Francisco to Goa to Basle, Switzerland. Tales come tripping off the tongue of the rangy, wired monologist as he recreates a bike trip to the home of Albert Hoffman, the Swiss discoverer of LSD. Dockery is masterful, mesmerizing and hugely entertaining as he explains why someone might want to expand their consciousness through chemistry. This is a funny, touching, gifted performance; by the end, audience members were on their feet, if they didn't have tears in their eyes.

Elizabeth Maupin on Theater

Former chief theater critic of The Orlando Sentinel
Review – *Orlando, FL – May 24, 2010*

SELECTED: Best of the Fringe 2010

To say that *The Bike Trip* is mind-expanding is not doing it justice: It's a thrilling exploration of community and self.

<http://orlandotheater.wordpress.com/2010/05/24/from-the-fringe-the-bike-trip/>

The Post and Courier

Review - *Charleston, South Carolina – June 6, 2011*

On December 29, 2008, 6 months after Hoffman's death at the age of 102, Brooklyn native Martin Dockery traveled to Basil, Switzerland, rented a bike and chewed a piece of LSD-soaked Big Red gum in front of what were once the Sandoz Laboratories in an attempt to recreate what he calls 'the most bizarre bicycle ride in the history of man.'

His story is more than just the tale of a particularly interesting acid trip. He jumps around through time, from a meeting with a friend in San Francisco to Hoffman's first trip to his own first trip in India and back again, to impart a coherent narrative without relying on boring conventional structure. His spot-on delivery hooks the audience to his every emotion, and it does get emotional. 'The Bike Trip' is funny, sad, and enlightening in ways only an impeccable portrayal of an LSD-drenched consciousness can be.

Using only his body and a plain black chair, Dockery displays this consciousness for the audience, holding it rapt throughout the monologue. During his few pauses to sip water, which serve as chapter breaks of sorts, his audience remained totally captivated, hanging on his last words. This is a master storyteller in his element — telling his own true stories — and on Sunday afternoon, he earned his standing ovation.

<http://www.postandcourier.com/news/2011/jun/06/bike-trip/?print>



Great Scott!

The Bike Trip

28th February, 2016 – Adelaide, Australia

There's something about monologues performed by North Americans that really appeals to me. They have that absolute confidence and charisma that draws you right in and keeps you engaged, seemingly forever. Martin Dockery is no exception.

In a stroke of inspiration, Dockery decides he's going to do a show about cycling, on acid, to the Swiss home of Albert Hofmann, the man who first synthesised and tested LSD. And the show will be called *The Bike Trip* (get it?). So away he goes, with only two weeks between his flight home and the first booked performance.

This autobiographical story flips to and fro without losing steam or losing its way. Dockery weaves in the trip itself with stories of friendship, travelling, growing up, and the discovery and impact of LSD.

The basic story isn't so out of the ordinary, I suppose – anyone could bugger off to Basel on a bike chasing the legacy of LSD. But Dockery pulls different ideas and moments into the narrative, making it much more than a story about the science, or of gallivanting about Switzerland on a drug-addled adventure ride.

He is certainly a skilled writer and, looking at his list of works, a prolific one at that. He is also presenting *Moonlight after Midnight* at Tuxedo Cat this Fringe.

Dockery's intense delivery is fluid and frenetic. He uses modulation and energetic movement to fill to the brim the small space at Tuxedo Cat. He is larger than life.

All up, the piece is interesting, but not as mind-blowing as the trip would surely have been for Dockery himself. But it is without doubt an entertaining ride.

-Jen St. Jack

<http://greatscott.media/2016/02/28/the-bike-trip/>

Martin Dockery's *The Bike Trip* well worth the journey



Colin Thomas - September 8, 2012 - **Vancouver**

The Fringe circuit exists so that we can see artists like Martin Dockery. The same guy who brought us *Wanderlust* a couple of years ago, now brings us *The Bike Trip*, which is about how LSD has helped him to liberate himself emotionally. As a storyteller, Dockery specializes in absurdity and honesty, and acid gives him ample opportunity to explore both as we travel with him to Haight-Ashbury, the state of Goa in India, and, climactically, to Switzerland, where scientist Albert Hofmann took the world's first acid trip. *The Bike Trip* is so eccentrically energetic and his material is so funny—and surprising—that, for the most part, I was riveted.

<http://www.straight.com/article-774496/vancouver/vancouver-fringe-festival-review-martin-dockerys-bike-trip-well-worth-journey>



University of BC – largest student newspaper in Western Canada - Sept 12, 2012 – Vancouver, BC

The Bike Trip

Martin Dockery's performance may not be what you expect. For a live monologue act about LSD, there's a serious lack of hippie outfits and psychedelic light shows. Instead, *The Bike Trip* is an autobiographical account that is potent in its simplicity. Armed with nothing but a tall stool and his bottle of water, Dockery storms the audience with his unrelenting energy and storytelling skills.

Through voice and gestures alone, he sweeps you through California, Switzerland and India, all places where LSD helped shed light on his relationships with friends, lovers and strangers. Over the course of 70 minutes, audiences meet a six-year-old girl who claims to possess psychic abilities, follow Dockery on a moonlit bike ride through the Indian countryside, marvel at LSD's discovery by Dr. Albert Hofmann, and shed some tears over the loss of Dockery's best friend.

The experiences are so honest and personal as to transcend the barriers of place and time. *The Bike Trip* is wonderfully spontaneous, very real and absolutely irresistible.

—Cynthia Chou

<http://ubyssey.ca/culture/fringe-reviews/>

The Province

[Manic one-man monologue about LSD a trip in more ways than one](#)

September 9, 2012 • Vancouver, BC • By: [Justin McElroy](#) • *The Bike Trip - Waterfront Theatre*



A man, a stool, a water bottle, and a crazed monologue about drugs sounds like a quintessential Fringe show.

Indeed, Marin Dockery's show "The Bike Trip" won't surprise – but it will entertain, as the seasoned performer takes the audience on a journey through his experience with LSD.

Dockery plays with our expectations of drug consumption and authenticity in a manic, non-stop monologue that is divided into four 20-minute acts. He recounts his travels to Haigh-Ashbury, India, and his attempt to recreate the first ever acid trip (a bike ride in Switzerland by LSD's inventor Albert Hoffman).

While it's fairly clear where Dockery stands on the war on drugs, there's no politics or sanctimony in his act – it's a string of LSD-tinged observations that alternate between the surreal and the sincere. The only pause in his verbose act is a 10-second break for water in between acts, and it puts the pressure on Dockery to make sure the audience's focus doesn't lag.

Fortunately, it's a performance that Dockery has performed at Fringe Festivals across the continent for several years, and it shows. This is a polished act, as Dockery knows how to make his tongue-twisting punchlines hit, and his Krameresque physical tics give an extra dimension to the show.

<http://blogs.theprovince.com/2012/09/09/manic-one-man-monologue-about-lsd-a-trip-in-more-ways-than-one/>

The Bike Trip - Mind Altering Fun

Comedy, Drama, Monologue - <http://www.martindockery.com>

Victor Terzis

September 9th, 2012 - **Vancouver**



Lysergic acid diethylamide or LSD-25 is well known for its psychological effects which can include altered thinking processes, closed and open eye visuals, synesthesia, an altered sense of time and spiritual experiences and it all started with one Bike Trip...

In The Bike Trip Martin Dockery takes us on his past mind altering trips in such a descriptive way that it takes the audience to those times and mind states. The LSD wanderer travels around the world in multiple stories, each searching for awareness, both on purpose and by chance....or is it by chance?...

This is a great show with Dockery's vocal energy and personality engulfing you through his excellent story telling and through the emotions that go with those experiences. It is mind altering fun.

By the end of the show I was gearing up to take my own trip to awareness, but that's another story...

The Bike Trip by Martin Dockery runs all week at the Waterfront Theatre. A definite experience to see.

<http://www.plankmagazine.com/review/bike-trip-mind-altering-fun>

Orlando Sentinel

SELECTED: Best of Fringe 2010

Review – Orlando, FL – May 22, 2010

Martin Dockery knows how to tell a story extremely well.

It doesn't matter if you have never been to India. Or experienced LSD. Or met a 6-year-old psychic. After you listen to Dockery's vivid and deliciously funny tales in his latest show, *The Bike Trip*, you'll feel as though you have.

If possible, *The Bike Trip* is even funnier than Dockery's *Wanderlust... And* his comic take on being human — from the awkwardness of a seventh-grade dance to a sheepish love of Captain Kirk — will speak to everyone.

http://blogs.orlandosentinel.com/entertainment_stage_theat/2010/05/orlando-fringe-review-the-bike-trip.html

High Times Magazine



Review – July, 2010

“Not to be missed... Quirky, energetic, remarkably beautiful!”

The Bike Trip – Review – *New York City, NY* – Feb 25, 2010

Dockery's gifts as a storyteller border on the supernatural. He, the audience, and the story become one. It's almost as though he induces the psychedelic experience in the audience, from the moment of unbearably intense inception, through the strange and amazing journey to the peak, and ultimately to the moment of peace at which the experience releases the traveler from its grasp.

It is a mark of Dockery's talent that the audience need not share his—apparently quite extensive—experience with LSD in order to share in the experience of the show. Don't know what it's like? Look at that guy. Even though such experiences are subjective, varying as fingerprints or snowflakes. Dockery's power as a performer is such that he *is* the experience. He will make you trip.

Long story short, go see *The Bike Trip*. Oh, go see *The Bike Trip*.

<http://www.nytheatre.com/nytheatre/showpgprint.php?t=bike9724>



Cultural Capitol Review – *New York City, NY – Feb 26, 2010*

Martin Dockery's new dramatic monologue *The Bike Trip* explores the awakening promised by LSD and its ramifications thoughtfully and with nuance. And he gives the audience a rather large dose of humor too.

His dramatic presence crackles with energy. The text of the play is good, but Dockery's performance is what makes it really enjoyable. He feels the trip, its memory and texture, onstage. And he takes us with him.

Web address: <http://culturalcapitol.com/2010/02/26/the-bike-trip/>

Theatre Is Easy

Review - New York City, NY – Feb 28, 2010



Martin Dockery is a compelling storyteller. He is a great performer and it's hard to take your eyes off of him... *The Bike Trip* is funny, with punch lines that come out of nowhere.

Web address: <http://www.theeasy.com/Reviews/thebiketrip.php>

CHARLESTON CITY PAPER

Martin Dockery takes audiences on a wild, uplifting ride

Charleston, South Carolina – June, 2011



Martin Dockery has created a 60-minute show loosely based on recreating Swiss scientist Alfred Hofmann's laboratory discovery of LSD and his subsequent trippy bike ride home. But that plot line is far

too simple to convey the performance Dockery puts on. Part spoken word, part stand-up, he races through tongue-twisting monologues, discussing everything from high school dances, trips to India, and loves lost.

Dockery somehow takes very random experiences combines them with the world's strongest psychotropic drug and reminds us all of our need for human connection. *The Bike Trip* is funny, moving, and remarkably uplifting.

<http://www.charlestoncitypaper.com/charleston/martin-dockery-takes-audiences-on-a-wild-uplifting-ride/Content?oid=3423401>



The Bike Trip- Dockery Continues to Deliver

Brianna McFarlane – June 2013 – Ottawa, ON

Having missed *Wanderlust* at last year's Fringe festival and having heard all the buzz surrounding the show, I made sure to get my ticket early for Martin Dockery's return to Ottawa, *The Bike Trip*. The piece focuses on Dockery's attempt to recreate the first ever LSD trip taken by Albert Hofmann, the man who first synthesized the compound for LSD and tested it on himself, and that legitimately involved a bicycle, and he manages to weave a hallucinogenic tapestry of a tale about his love affair with acid. This show actually made me even more disappointed in myself for having missed *Wanderlust* because Dockery is clearly a master storyteller.

Dockery maintains an easy-going, laid back energy on stage and his presence is incredibly engaging. As he progresses further into his stories and consequently deeper into each successive trip, we see his pace become more frantic, circular, and panicked: the behaviour indicative of what is colloquially termed to be "tripping balls". The inner workings of the brain on LSD are vocalised by the performer and the ways in which the mind tries to over-work normally simple situations often made for some hilarious outbursts. However, the moments I appreciated most were ones where Dockery was able to sit in the chair and just tell his story while still remaining completely engaging by using a variety of postures, voices, and gestures.

I thoroughly enjoyed *The Bike Trip* and felt that it is one of the strongest one man shows the Fringe, and even Ottawa, has seen in a long time. I sincerely hope Mr. Dockery returns to Ottawa Fringe 2014, where I will be eagerly coveting front row seats!

<http://newottawacritics.com/2013/07/07/the-bike-trip-dockery-continues-to-deliver/>

The Bike Trip: Martin Dockery – The One-Man Storytelling Machine

Tuxedo Cat – Rivers Studio, Adelaide, Australia, Thu 25 Feb



American performer Martin Dockery brings a unique storytelling adventure to the Adelaide Fringe; a re-creation of history's first LSD experience (apparently based on a true story!) From his voice projection all the way to his hand and feet movements, Dockery puts his entire body into an energetic and enthusiastic performance.

The act certainly has a frantic pace to it. It is an extremely descriptive and fast paced monologue, but Dockery brings his tale to life magnificently at this pace without ever breaking rhythm. At one point he walked through the audience and all eyes followed him intently. Dockery clearly took control of the Rivers Studio and had the full attention of the crowd from start to finish.

Although *The Bike Trip* is listed as a comedy in the Fringe guide, Dockery brings a lot more than laughter to the Rivers Studio. This is a surprisingly poignant show in certain moments with some very intimate and profound recollections that had the audience deeply engaged in the story. *The Bike Trip* is a tremendously funny show with some heartfelt tales mixed in; Dockery is a one-man storytelling machine worth seeing!

Jonathan Boyd

<http://theclothesline.com.au/the-bike-trip-fringe-review/>



PRODUCTION OTTAWA

June 25, 2013 By [Allan Mackey](#)

How did I describe Dockery last year after seeing [Wanderlust](#)? Probably something along the lines of his being one of the most animated and energetic performers I've ever seen on stage.

That hasn't changed. Even while spending a good part of the beginning of this show simply sitting on a chair, every move of his arms and legs, down to just his fingers, becomes a grand gesture. He does move from the chair, eventually even into the audience as he tells his story about what connects us all as humans – but we'll get to that. The point of this paragraph is that Dockery continues to be one of the most animated and energetic performers I've ever seen on stage. More, he's simply one of the most engrossing storyteller's I've ever seen and I'm already sold on any show he brings within reach of me in the future.

So yes, this story is about LSD. Sort of. It stems from an idea Dockery once had to recreate the bike ride home that Albert Hoffman, the creator of LSD, took from work after first testing his new psychotropic (he didn't know what it did at the time) on himself.

What The Bike Trip is really about is Dockery's experiences with LSD and his belief that it connects us to, or reminds us of, what it is that connects us all as humans beings, spinning around space on this tiny rock.

Now, whether you believe in the power of LSD yourself or not, Dockery tells an entertaining, thought-provoking story (series of stories, actually) well worth listening to. It's a 70 minutes that ends way too soon.

<http://www.productionottawa.com/thebiketripreview2/>

OTTAWA TONIGHT Review by B. McNally, June 23, 2013

That sense of anticipation from my own *Wonder Years* was how I felt going to the much talked about show *The Bike Trip*, by Martin Dockery. Then Dockery kicked in from the get go and all was more than right with the world. Dockery delivers expertly, going through a series of laughed-filled monologues that trace the history *of* acid, his own history *with* acid, some of the story of this play *and* the answer to his version of the cosmic question: If a tree *un*falls in the forest and someone is around to hear it...does it make a sound? The answer to the *un*falling tree question and more can be found by making sure you get your ticket early, as this is a sellout show, for good reason.

<http://www.ottawatonite.com/2013/06/fringe-day-3-reviews-pt-2-the-bike-trip-ask-aggie-the-advice-diva-feature-on-punchbag-playhouse/>